



"...therefore in the Church, everyone, whether belonging to the hierarchy

or being cared for by it, is **called to holiness**, according to the saying of the Apostle: 'For this is the will of God, your sanctification.' However, this holiness of the Church is unceasingly manifested, and must be manifested, in the fruits of grace which the Spirit produces in the faithful; it is expressed in many ways in individuals who, in their walk of life, tend toward the perfection of charity, thus causing the edification of others; in a very special way this (holiness) appears in the practice of the counsels, customarily called 'evangelical.' "

(Lumen Gentium 39)

## Rediscover the Saints Book

This **call to holiness** motivates us to use the book *Rediscover the Saints* as a way to celebrate these holy lives and to build a "culture of holiness" in our world, starting at home. In this section we will provide short bios, drink recipes and activities, so we may intentionally celebrate the Saints, invoke their intercession, and follow their example. On your part, we ask you to read the chapters of the book, to pray and invoke their intercession, and to do the activities as we present them to you each week.

After we finish the book, we will pray the Litany of Saints to ask for their intercession. And remember: "So be perfect, just as your heavenly Father is perfect" (Matthew 5:48).

## 1 SAINT AUGUSTINE

You have a future

**What do you believe about your past that is keeping you from your future?**

Augustine was born in Hippo (North Africa) on November 13, 354 and died August 28, 430. He is the patron saint of brewers because of his former life and his conversion has been an inspiration to many who struggle to overcome a vice or bad habit.

Augustine was very bright and, over time, became convinced that Christianity was the one true religion. However, he continued to struggle with his vices and didn't join the Church. Then Augustine picked up the letters of Saint Paul and turned his life around! He was baptized and became a priest, a bishop, a famous Catholic writer, and a model for many Christians. His feast day is August 28.

**Activity** See the maze on page 7.

### Wake Up Call

#### Ingredients

- 1 oz gold rum
- 1 oz Amaretto
- tablespoon of Nestle Media Crema (table cream)
- 1 oz espresso coffee
- ice (3-4 cubes)

#### How to Make It

Fill your shaker with all your ingredients and shake with energy. Serve in a wine glass.

For the kids: Fill your shaker with ice, milk and Nesquik chocolate. Shake with energy and serve in a glass.

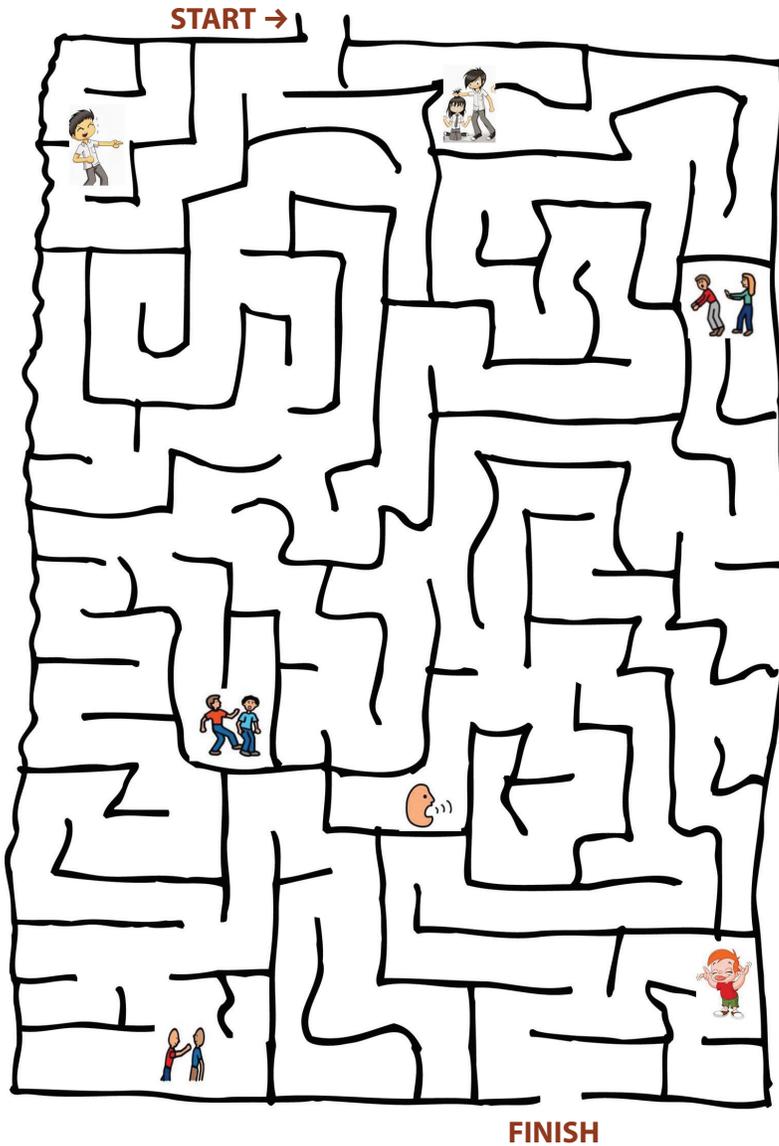
**Saint Augustine, pray for us.**



Send photos of your domestic church to [information@stmkc.com](mailto:information@stmkc.com)

### Activity: Saint Augustine Maze

Go from start to finish and avoid the bad choices!



2

### SAINT WALTER PATRICK OF SERVILIANO

An overwhelming love

#### Have you ever allowed yourself to rest in God's love?

Walter was a Benedictine hermit who founded and became the first abbot of a monastery in Serviliano, Italy. This monastery became famous for the rejuvenation pioneered by religious orders, according to Wikipedia. Besides his death in 1250, not much is known about Saint Walter. His feast day is celebrated on June 4.

#### Activity (for everyone!)

As we live through this pandemic, there are people around us and in our family that could use a card or a phone call to remind them they are not forgotten and are loved. Make and mail a card or call someone you haven't talked to in some time. You might also consider doing something special for someone in your own home, to show them they are loved!

#### The Hour of Peace

##### Ingredients

- 1.5 oz vodka
- 1.5 oz lime juice
- 1 tablespoon honey
- 2 oz orange juice
- 1/2 oz mint liqueur
- ice
- bits of blue curacao
- 1/2 oz grenadine

##### How to Make It

In your blender, add the top 6 ingredients. Blend and serve in a martini glass. Add the curacao and grenadine.

For the kids: In your blender, add orange juice, honey, lime and ice and blend. Add grenadine and serve.

*Saint Walter, pray for us.*

continued



*Come pray the Stations of the Resurrection around the school track.*

## Celebrating the Saints in the domestic church

### 3 IRENAEUS Fully alive!

#### When was the last time you felt fully alive?

*Irenaeus was probably born around 125 in Smyrna in Asia Minor (now Turkey). As a child, he heard and saw Saint Polycarp, the last known living connection with the Apostles. Before he became a bishop, it is believed that he served as a missionary to southern Gaul, France, and as a peacemaker among the churches of Asia Minor that had been disturbed by heresy.*

*As bishop of Lyon in France, Irenaeus was prompted to refute the statements of Gnosticism, a fashionable, intellectual movement of the time. Irenaeus was a very good investigator with a desire to win over his opponents rather than prove them wrong. He was respected for his summaries of the Gnostic views and his preciseness in rejecting their doctrines. He upheld the Jewish Bible (Old Testament) as true and is the earliest witness to state that all four gospels are essential.*

*He died around 202 and his feast day is celebrated on June 28. Irenaeus is the patron saint of apologists and catechists.*

#### Green Dragon

##### Ingredients:

- 2/3 oz of green Mint Liqueur
- 1/3 oz of Kümmel
- 1/3 oz Lemon Juice
- Peach Bitters
- 1 1/3 oz of Gin
- Ice cubes

##### How to make it:

Fill your shaker with ice cubes, Add all ingredients, shake, and strain into a martini glass.

\*For the kids' Green Dragon: only use green apple juice and ice; shake, serve in a glass, and garnish with mint leaves!!

#### Saint Irenaeus, Pray for us!

**Activity** The Nicene Creed, also called the Profession of Faith, is often what we say at Mass when we stand after the homily. It states what we believe. Can you fill in the blanks?

I believe in one \_\_\_\_\_, the Father almighty,  
maker of \_\_\_\_\_ and \_\_\_\_\_, of all things visible and  
\_\_\_\_\_.

I believe in one Lord \_\_\_\_\_, the Only  
Begotten \_\_\_\_\_, born of the Father before all ages.  
God from \_\_\_\_\_, Light from \_\_\_\_\_,  
true God from \_\_\_\_\_, begotten, not \_\_\_\_\_,  
consubstantial with the Father;  
through him all things were \_\_\_\_\_.

For us men and our salvation, he came down from  
\_\_\_\_\_, and by the \_\_\_\_\_  
was incarnate of the Virgin \_\_\_\_\_ and became man.

For our sake he was \_\_\_\_\_ under Pontius Pilate,  
he suffered \_\_\_\_\_ and was \_\_\_\_\_, and rose again  
on the \_\_\_\_\_ day in accordance with the Scriptures.

He ascended into \_\_\_\_\_ and is seated at the right  
hand of the \_\_\_\_\_. He will come again in \_\_\_\_\_  
to judge the \_\_\_\_\_ and the  
dead and his \_\_\_\_\_ will have no end.

I believe in the Holy \_\_\_\_\_, the Lord, the giver of  
\_\_\_\_\_, who proceeds from the Father and the \_\_\_\_\_,  
who with the Father and the Son is \_\_\_\_\_ and  
glorified, who has spoken through the prophets.

I believe in one, holy, \_\_\_\_\_ and apostolic Church. I  
confess one \_\_\_\_\_ for the forgiveness of \_\_\_\_\_  
and I look forward to the \_\_\_\_\_ of the dead  
and the life of the \_\_\_\_\_ to come.

Amen.