

PENTECOST

Pentecost commemorates the Holy Spirit descending upon the people, to empower them to spread the Good News. Thus, Pentecost is the birthday of the Church, a day of celebration! Enjoy!

PENTECOST SEQUENCE

(Sung at all Masses)

Come, Holy Spirit, come!
And from your celestial home
Shed a ray of light divine!
Come, Father of the poor!
Come, source of all our store!
Come, within our bosoms shine.
You, of comforters the best;
You, the soul's most welcome guest;
Sweet refreshment here below;
In our labor, rest most sweet;
Grateful coolness in the heat;
Solace in the midst of woe.
O most blessed Light divine,
Shine within these hearts of yours,
And our inmost being fill!
Where you are not, we have naught,
Nothing good in deed or thought,
Nothing free from taint of ill.
Heal our wounds, our strength renew;
On our dryness pour your dew;
Wash the stains of guilt away;
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.
On the faithful, who adore
And confess you, evermore
In your sevenfold gift descend;
Give them virtue's sure reward;
Give them your salvation, Lord;
Give them joys that never end.

AMEN. ALLELUIA.

Holy Spirit Activities

using symbols of doves, fire, wind, languages

1. Have a birthday party for the Church, wrapping the gifts of the Holy Spirit in boxes for guests to open.
2. Make a dove mobile (cutting out doves or using origami), writing the gifts/fruits of the Spirit on them.
3. Bake/Serve a red velvet cake.
4. Paint flames on a paper plate or canvas.
5. Talk with family members/friends about the gifts/fruits you see in each other.
6. Use fire-colored ribbon to make streamers.
7. Fly kites.
8. Start to learn a new language...or a few words in several languages.
9. Search for Pentecost Sequence or Pentecost music on YouTube or listen to the music in the STM Pentecost Sunday Mass recording.
10. Choose a gift of the Holy Spirit to pray for/work on in the next month/year.



Gifts of the Holy Spirit

Wisdom helps us recognize the importance of others and the importance of keeping God central in our lives.

Understanding is the ability to comprehend the meaning of God's message.

Knowledge is the ability to think about and explore God's revelation, and also to recognize there are mysteries of faith beyond us.

Right Judgement/Counsel is the ability to see the best way to follow God's plan when we have choices that relate to him. Fortitude is the courage to do what one knows is right.

Reverence/Piety helps us pray to God in true devotion.

Wonder & Awe/Fear of the Lord is the feeling of amazement before God, who is all-present, and whose friendship we do not want to lose.

Fruits of the Holy Spirit

Love, joy, peace, patience, kindness, goodness, long-suffering, gentleness, faith, modesty, self-control, chastity