

Liturgical Living

January 2022 Calendar

						1 Solemnity of Mary, Mother of God
2 Solemnity of the Epiphany of the Lord	3 The Most Holy Name of Jesus	4 St. Elizabeth Ann Seton	5 Saint John Neumann	6 St. Andre Bessette	7 St. Raymond of Penafort	8
9 The Baptism of the Lord	10	11	12	13 St. Hilary	14	15
16 2nd Sunday in Ordinary Time	17 St. Anthony	18	19	20 St. Sebastian St. Fabian	21 St. Agnes	22
23 3rd Sunday in Ordinary Time	24 St. Francis de Sales	25 The Conversion of St. Paul	26 Sts. Timothy and Titus	27 Saint Angela Merici	28 St. Thomas Aquinas	29
30 4th Sunday in Ordinary Time	31 St. John Bosco					

Liturgical living is a beautiful way for individuals and families to learn about the traditions, saints, and rituals of our faith. This leads to a deeper comprehension and connection to our faith. Pick a few things each month to try and start to see the connection of the Catholic Faith to life outside of mass on Sunday! Give it a try!

January 1st-Solemnity of Mary Mother of God

Sing the hymn "Come, Holy Ghost, Creator Blest"

January 2nd-Ephiany of the Lord- (January 6th or the Sunday after January 1st)

Opening Prayer:

May the splendor of your majesty, O Lord, we pray, shed its light upon our hearts, that we may pass through the shadows of this world and reach the brightness of our eternal home. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen

A reading from the Holy Gospel according to Saint Matthew (Mt. 2:1-12)

Sing together *We Three Kings of Orient Are*

Look up Chalking of the Door, this tradition asks for God's blessing to be upon your home over the next year.

January 3rd-The Holy Name of Jesus

Read about the Holy Name of Jesus (Luke 2:21), (Phil 2:9-11), (Col 3:17)

Consider how the Lord's name is used in your own home and life. How can we do a better job of keeping the Lord's name Holy?

Pray together as a family or Listen to the Litany of the Holy Name of Jesus (find a copy online)

January 4th-Elizabeth Ann Seton

How appropriate that our students are headed back to school. If you don't know much about Elizabeth Ann Seton she is one to be familiar with! Check out her story. Say this prayer for students and ask for her intercession in your life.

O God, you called Elizabeth Ann Seton to be an instrument of your loving mercy. Despite loss and sorrow, she was an example of hope and love. Inspire us with your Blessed Sacrament to live our life for others. We ask this in the name of Jesus Christ, our Lord and teacher. Amen

January 5th-St. John Neumann

Say this prayer for Catholic Schools

St. John Neumann, you helped organize Catholic education in the United States. Please watch over all Catholic schools and help them be a model of Christianity in their actions as well as their words. Amen

January 20: Saint Sebastian, Martyr (Optional Memorial)

Pray for Courage in Time of Battle, and protection of our soldiers trying to bring more peace into our world.

*O Prince of Peace, we humbly ask your protection
for all our men and women in military service.
Give them unflinching courage to defend
with honor, dignity, and devotion
the rights of all who are imperiled
by injustice and evil.
Be their rock, their shield, and their stronghold
and let them draw their strength from you.
For you are God, for ever and ever. Amen.*

January 21st-St. Agnes, Virgin and Martyr (Memorial)

O glorious Saint Agnes, by the living faith that animated you from your tender years and rendered you so pleasing to God that you merited a martyr's crown: obtain for us the grace to keep our holy faith pure within us and to profess ourselves Christians in both word and work. May our open confession of Jesus before men cause him to bear a favorable witness to us before his eternal Father. Amen

January 22nd-Day of Prayer for Legal Protection of the Unborn Children in the United States

Pray for the unborn and ask for Our Lady of Guadalupe's intercession for our country.

January 25th-The Conversion of Saint Paul the Apostle (Feast)

Collect Prayer:

O God, who taught the whole world through the preaching of the blessed Apostle Paul, draw us, we pray, nearer to you through the example of him whose conversion we celebrate today, and so make us witnesses to your truth in the world. Through our Lord Jesus Christ, you Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen

Read (Acts 9:1-22)

Closing Prayer:

O God, who would have all his children to be saved and to come to the knowledge of the truth, send forth, we beseech you, laborers into your harvest and grant them with all confidence to preach the Word; that everywhere your Gospel may be heard and glorified, and that all nations may know you, the one True God, and him whom you have sent, Jesus Christ, your Son, our Lord. Amen.

Queen of the apostles, and all you angels and saints of God, pray the Lord of the harvest to send laborers into the harvest and to spare his people, that we may all rejoice with him and the Father and the Holy Spirit forever and ever. Amen

January 28th-St. Thomas Aquinas, Priest and Doctor of the Church (Memorial)

St. Thomas Aquinas is the patron saint of schools, universities, scholars, academics, students, theologians, philosophers, and pencil makers

*Come, Holy Spirit, Divine Creator, true source of light and fountain of wisdom! Pour forth your brilliance upon my dense intellect, dissipate the darkness which covers me, that of sin and of ignorance. Grant me a penetrating mind to understand, a retentive memory, method and ease in learning, the lucidity to comprehend, and abundant grace in expressing myself. Guide the beginning of my work, direct its progress, and bring it to successful completion. This I ask through Jesus Christ, true God and true man, living and reigning with You and the Father, forever and ever.
Amen.*

All prayers and ideas were pulled from

1. Tierney, Kendra. *The Catholic All Year Compendium*. Ignatius Press 2018.
2. Tierney, Kendra. *The Catholic All Year Prayer Companion*. Ignatius Press, 2021.

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