

Liturgical Living

June 2022 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 Pentecost	6	7	8	9	10	11
12 Solemnity of the Most Holy Trinity	13	14	15	16	17	18
19 Corpus Christi	20	21	22 St. Thomas More and St. John Fisher	23 Nativity of John the Baptist	24 Solemnity of the Most Sacred Heart of Jesus	25 Immaculate Heart of Mary
26	27	28	29 Solemnity of Sts. Peter and Paul	30		

Liturgical living is a beautiful way for individuals and families to learn about the traditions, saints, and rituals of our faith. This leads to a deeper comprehension and connection to our faith. Pick a few things each month to try and start to see the connection of the Catholic Faith to life outside of mass on Sunday! Give it a try! ¹

¹ Tierney, Kendra. *The Catholic All Year Compendium: Liturgical Living For Real Life*. Ignatius Press, 2018.

² Tierney, K. (2021). *The Catholic All Year Prayer Companion: The Liturgical Year in Practice*. Ignatius Press.

Corpus Christi Sunday: On this solemnity we rejoice in the extraordinary gift of the Eucharist. Jesus is truly present in each and every tabernacle in every Catholic Church on Earth. This has been a tough truth for many, and even for the people of Jesus' time. Spend time studying the Catechism, in Adoration, or attending a Eucharistic procession if you are able!

St. Thomas More and St. John Fisher-Read their stories and invoke them in your prayers that all government leaders will know truth and honor it in their job to make right and just laws for society. Pair your celebration with a bon-fire for the Nativity of John the Baptist and make St. Thomas S'mores!

Nativity of John the Baptist: Usually celebrated on June 24th, but due to the Solemnity of the Most Sacred Heart falling on the 24th it was bumped up a day. This date is significant as it is six months before Christmas and Elizabeth was six months pregnant when Mary visited her. This date also reflects John's mission as the forerunner for Christ. John ate locust and wild honey. He also lived in the wilderness. A bon-fire with food cooked on the fire or outside is a great way to celebrate.

Solemnity of the Most Sacred Heart of Jesus: Friday after Corpus Christi: The month of June is dedicated to the Sacred Heart of Jesus. This is a feast day that we celebrate the gratitude we have of Jesus' love for us. One way to celebrate this gratitude is to recite a morning offering each day upon rising.

Feast of the Immaculate Heart of Mary: The Saturday following the Most Sacred Heart of Jesus. This feast focuses on our desire to emulate the way in which Mary loves Jesus. Read about the five Saturday devotion and consider introducing the practice into your life. Our world needs it!

Solemnity of Sts. Peter and Paul: This solemnity remembers the St. Peter and St. Paul's martyrdom. Today they are remembered together as the foundation of the Catholic Church. Tradition holds that they were both martyred in Rome on June 29th. St. Peter by being crucified in the year 64 and St. Paul three years later by beheading. Pray the Creed and the Our Father as well as the following prayer to gain partial indulgences this day.

“Holy Apostles Peter and Paul, intercede for us. Guard your people, who rely on the patronage of your apostles Peter and Paul, O Lord, and keep them under your continual protection. Through Christ our Lord. Amen.”